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Ski Mountaineering Basic Course



Description

Basic course is geared toward who already has a Fairly good ski ability and approaches for the first time the spectacular world of ski mountaineering.

Goal of the course is to reach the level of autonomy to plan itineraries for oneself.

Lessons will unravel during 4 days where we'll handle different topics:

Ascent technique

Descent technique

Orientation

Snow science and itinerary choice

First Aid concepts

***Minimum number**

Course starts with minimum 4 participants.

Ski Mountaineering Basic Course

Slowly glide upwards allow us to earn meters to enjoy the slopes.

We'll learn basic concepts to practice this amazing activity that will allow us to discover far away horizons, both outdoors and inside us.

Level:

Good skier

Participants:

Maximum 6 participants

Where:

West Alps

Period:

January- March

Duration:

4 days

Days

Free dates to be defined based on your request.

Cost

270 € per person*

The investment includes

- the assistance of the Alpine Guide UIAGM during the whole length of the activity.

The investment doesn't include

- extra expenses like cableways, refuge expenses, public or private transportation expenses.

The Alpine Guide expenses are on the participants.