



Marco Appino

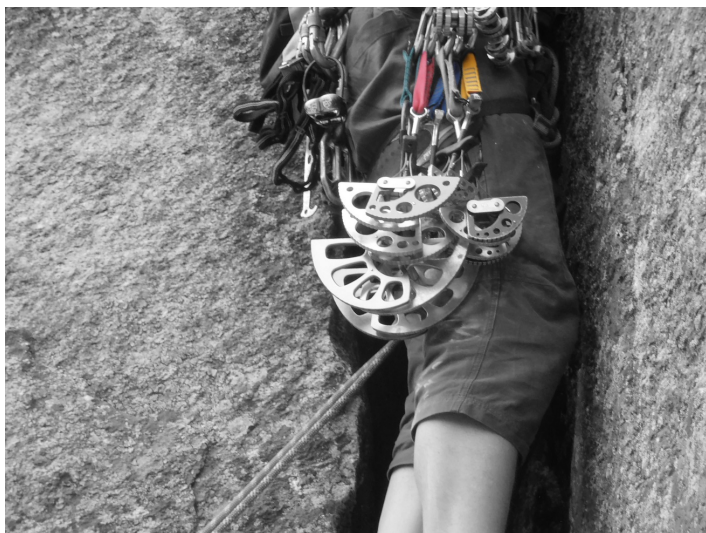
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Trad Climbing Course



Descrizione

The use of quick protections, clutch technique and the correct way to tape. All of that and more in the Trad Climbing Course. To become a specialist in crack climbing.

Trad Climbing Course is structured in two days that, at request, can happen in a weekend or with a different solution.

First day:

Study of quick protections, analysis of the various clutch techniques and practice on mono-pulls.

Second day:

Stop setting and climbing on mono- and bi-pulls.

At the end of the Trad Climbing Course, participants will have a good knowledge of nuts, friends, rock nails and use of half ropes and a complete overview of clutching techniques.

***Minimum number**

Course starts with minimum 3 participants.

Trad Climbing Course

Two days to discover the world of crack climbing and to elicit every single secret.

From taping to protections, from clutch techniques to duffer, everything you need to know regarding this rough and adventurous climbing style.

Livello:

6a as rope leader

Partecipanti:

Maximum 6 participants

Dove:

Ceresole Reale -Valle dell'Orco

Periodo:

may/October

Durata:

Two days

Giorni

Free dates to be defined based on your request.

Costo

200€ per person*

Il costo comprende:

- l'assistenza della Guida Alpina UIAGM durante tutta la durata dell'attività
- prestito, se necessario del materiale tecnico (corda, ramponi e piccozza, imbrago, casco)

Il costo non comprende:

- spese extra come funivie, rifugi, spostamenti con mezzi pubblici o privati ecc.

Le spese della Guida Alpina sono da ritenersi a carico dei partecipanti